



90-Day Virtual Intergroup Presents

Down For The Count?

Workshop with OA'ers sharing how they came out the other side Abstinent!

Plus time for Newcomer Q&A's

Saturdays on Oct. 16, Nov. 20 & Dec. 18 9 AM Pacific – Noon Eastern – 6 PM Europe

Online via Zoom – One hour long Click here to register



Don't eat no matter what! No matter what, don't eat! Workshop Series