



90-Day Virtual Intergroup Presents

## Spring Into Action

Workshop with sharing on building a Plan of Action for Abstinence!

Plus time for Newcomer Q&A's

Saturday on April 16 – On hour long 9 AM Pacific – 10 AM Mountain 11 AM Central - Noon Eastern – 6 PM Europe

Zoom ID 825 9900 9165 / passcode: workshop
Click here to join



Maintaining Abstinence in all seasons